

*Yoga*

Akasha Yoga Teacher Training (50)  
 Yin Yoga (8)  
 Yin: Prenatal + Trauma Informed (8)  
 Restorative Yoga (7)  
 Thai Yoga Massage (15.5)

*Reiki*

Traditions Reiki (1, 2, Masters)  
 Animal Reiki (4.5)  
 Embodied Reiki (7)

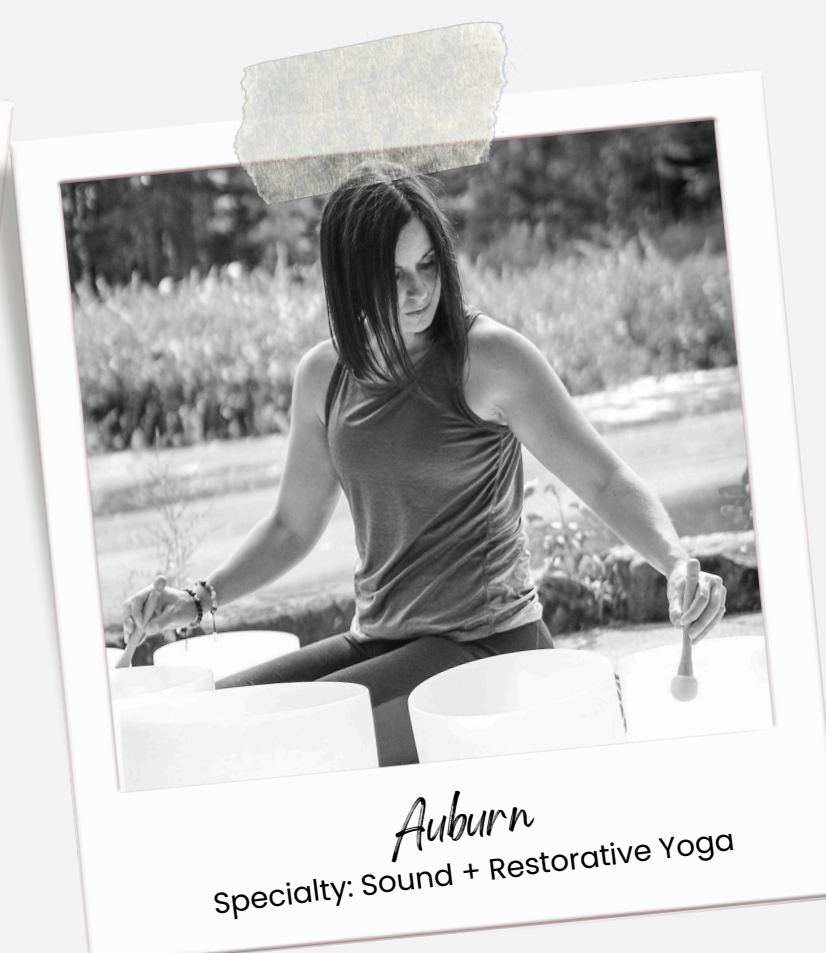
*Sound*

Sound Therapy (5)  
 Sound Balancing with Tuning Forks (5)

*All Others*

Meditation Instructor (5.5)  
 Shinrin Yoku: Forest Therapy (7)  
 Sixth Sense Bootcamp (6.5)  
 Akashic Records Level 1 (6)  
 Akashic Records Level 2 (6)  
 Positive Psychology (9)

## the team

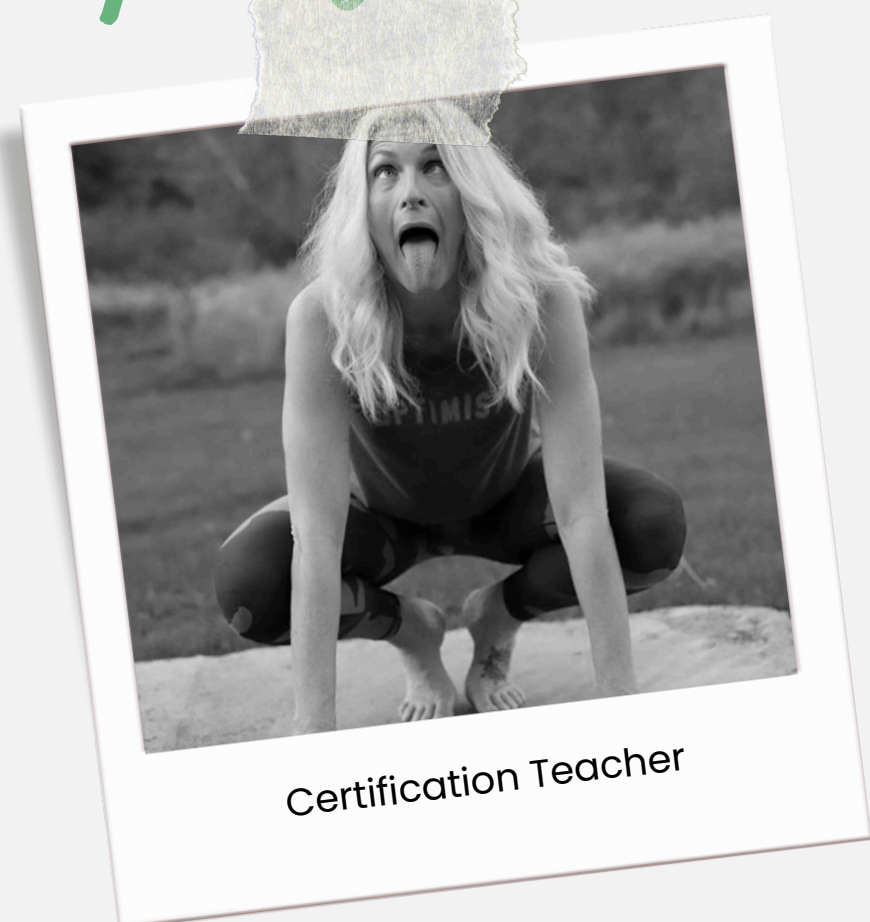


To start the process to book one of our training experiences:  
 Contact Cortney Martinelli at [cortney@shineohio.com](mailto:cortney@shineohio.com) or 216.438.0468  
 You can also visit our website at [www.shineohio.com/partnerships](http://www.shineohio.com/partnerships)





# Angela



Certification Teacher

*Specialty:*  
*Also teaches:*

Meditation Instructor + Shinrin Yoku  
na

*Certifications:*

- Certified Meditation Instructor
- Savasana Meditation Instructor
- Integrative Nutrition Health Coach
- 200-hour Certified Yoga Teacher
- Reiki Level Two Practitioner
- Certified Aerial Yoga Teacher

*Teaching Style:*

Fun, interactive, connecting

# Auburn



Certification Teacher

*Specialty:*  
*Also teaches:*

Sound + Restorative Yoga  
Sound Balancing with Tuning Forks

*Certifications:*

- Sound Therapy Certification – 150 hours
- Crystal Singing Bowlology certification
- Tuning Forks (with Eileen McKusick)
- Relax & Renew Restorative Yoga Instructor – 50 CE Hours
- iRest Yoga Nidra Meditation Level 1 teacher training – 30 CE hours
- Yoga for Emotional Balance certification – 12 CE hours
- 500 hour yoga teacher certification
- Sacred Calm: Advanced Restorative Yoga teacher trainings – 38 CE hours
- Reiki Master certification

*Teaching Style:*

Servant leader, fully present, our most decorated teacher

# Brittany



Certification Teacher

*Specialty:*

Prenatal + Trauma Informed Yin

*Certifications:*

- 200-hour Certified Yoga Teacher
- 85-hour Certified Prenatal Yoga Teacher
- Yin Yoga Certification
- Reiki Level II Certification
- Positive Psychology Certification

*Teaching Style:*

Deep, intuitive, healing



# Lorraine



Certification Teacher

*Specialty:*  
*Also teaches:*

Thai Yoga Massage, Akashic Records, Embodied Reiki  
Animal Reiki, Restorative Yoga, Sound Balancing with Tuning Forks, Akasha  
Yoga Teacher Training

*Certifications:*

- Thai Massage advanced trainings
- Reiki Master
- Embodied Reiki™
- Akashic Records
- Access Bars
- Sound/Tuning Forks Certifications
- 200-hour Certified Yoga Teacher
- Certified Pioneer Akasha Yoga™ Teacher

*Teaching Style:*

Fierce yet loving, strong but gentle

# Natalie



Certification Teacher

*Specialty:*  
*Also teaches:*

Yin Yoga + Animal Reiki  
na

*Certifications:*

- 200 hour yoga teacher certification
- Yin Yoga certification
- PhD in Communications
- College Professor
- Meditation + Mindfulness certification
- Reiki Master certification
- Certified Celebrant

*Teaching Style:*

PhD and Professor in Communication - she is a wizard with words and  
a pro at facilitating

# Tracy



Director of Corporate Training

*Specialty:*  
*Also teaches:*

Positive Psychology, VIBE workshop + Corporate Training  
Reiki, Sixth Sense Boot Camp

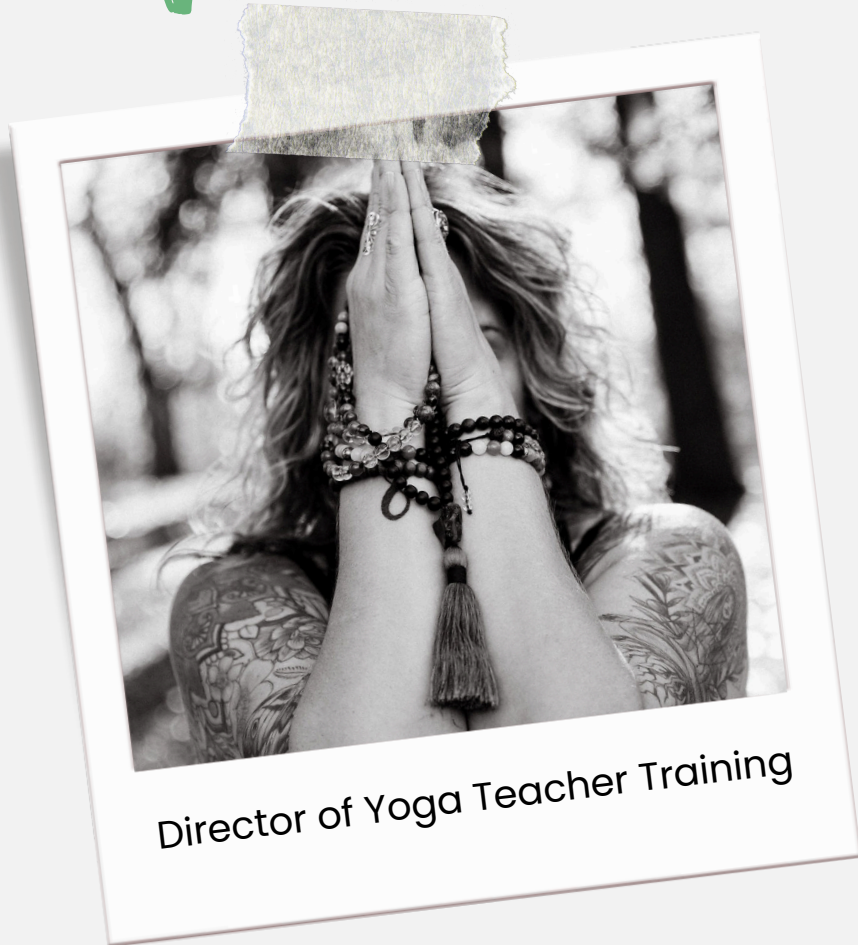
*Certifications:*

- Reiki Master
- Happiness Training
- Akashic Records

*Teaching Style:*

Happy, passionate

# Victoria



Director of Yoga Teacher Training

*Specialty:*  
*Also teaches:*

Akasha Yoga Teacher Training + Reiki  
Sixth Sense Bootcamp and VIBE workshop

*Certifications:*

- 500 hour yoga teacher certification
- Akashic Records
- Certified Pioneer Akasha Yoga™ Teacher
- Sound Certifications
- Access Bars

*Teaching Style:*

Soulful, LoVe